



Daily Schedule for 1-Year-Old

6:30-8:00 Daily Checkup, Free Play, Center Puzzles

8:00-9:00 Breakfast time (wash hands before and after)

9:00-9:30 Circle Time

9:30-10:15 Group activities (according to lesson Plan)

10:15-10:30 Change Diapers. Wash hands

10:30-11:00 Playground/Weather/Inside Activities

11:00-11:30 Story time

11:30-12:30 Lunch time

12:30-12:45 Change Diaper wash hands

12:45-1:00 Relaxing Music Getting Ready For Nap

1:00-3:00 Nap Time

3:00-4:00 Snack Time, Changing Diaper Change Wash Hands

4:00-4:45 Playground

4:45-6:00 Free Play Center, Music